

Promoting Student Mental Health

A full evidence-based social and emotional learning solution from Edsby and partner MindUP developed in consultation with leading academics

Educator professional development

GIVE EDUCATORS A GROUNDING IN NEUROSCIENCE, POSITIVE PSYCHOLOGY AND OTHER ESSENTIALS



Train teachers and other educators in your region with skills to support student well-being with professional training based on curriculum from the renowned SEL program MindUP.

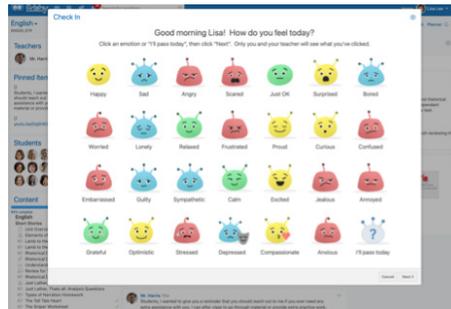
This evidence-based, culturally sensitive content is designed for long-term impact and is delivered with a train-the-trainer model to scale regionally.

Curriculum in neuroscience, mindful awareness, positive psychology and social-emotional learning is available in Edsby and leverages the unique social features of Edsby for ongoing support & mentorship online.



Student emotional check-ins

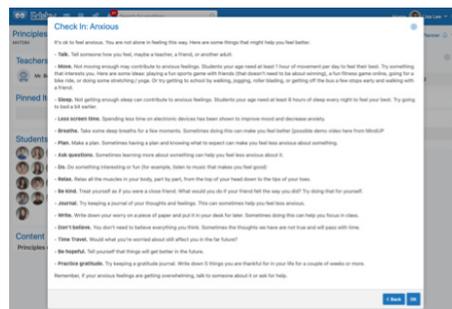
EQUIP STUDENTS WITH A WAY TO EASILY SHARE HOW THEY'RE FEELING EVERY DAY, WHETHER IN PERSON OR REMOTELY



Students select from special color-coded age-appropriate icons to represent how they feel.

Edsby's emotional check-in system is a modern, engaging way for students to share how they're feeling with their teacher. It's a quick and easy way to poll students' well-being at the beginning of or throughout the day.

Selections are age appropriate. Suggested regulation strategies presented for each emotion, authored by experts, are also age appropriate.

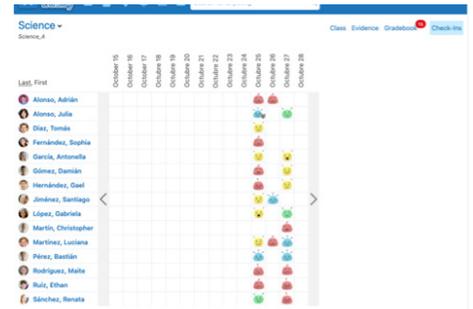


Suggested regulation strategies for students.

The check-ins are effective in class, hybrid or fully remote, and help build children's emotion vocabulary literacy. They're convenient, built into the same Edsby system students may already be using.

Teacher dashboards and strategies

GRAPHICAL OVERVIEWS HELP EDUCATORS UNDERSTAND WHAT MIGHT BE IN THE WAY OF SOME STUDENTS SUCCEEDING



Teachers can watch for trends in emotions over time.

Specifically colored icons, color-coded by experts to represent emotion intensity level and how pleasant the emotion is, help teachers spot patterns and trends.

Teachers can see the types of emotions their students are experiencing and quickly tell which students may need additional attention.

Teachers see what emotional regulation strategies have been presented to each student and receive their own professionally curated strategies for educators based on what their students are feeling.

The information is treated as confidential. Edsby maintains students' trust by keeping emotional check-in information confidential between student and teacher.



Student curriculum & tools for action

GIVE STUDENTS THEMSELVES LESSONS ON STRESS MANAGEMENT, EMPATHY, RESILIENCE AND OTHER IMPORTANT SKILLS

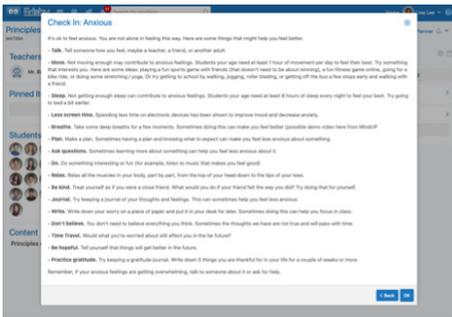


The MindUP For Schools evidence-based program helps students build skills to increase prosocial behavior, executive functioning, and social and emotional competence.

Children learn to how to focus their attention, manage stress, act with empathy, and build resilience in the face of challenges.

Material is available within Edsby and includes 17 lesson plans for teachers that are simple and fun.

Edsby gives educators ways to take action where necessary. Conversations between student and teacher are protected, and Edsby enables teachers to loop in other stakeholders such as guidance counsellors or senior school staff if needed.

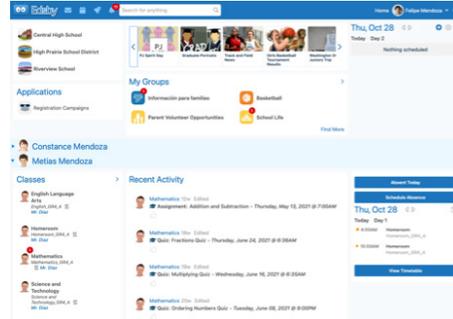


The Edsby Panorama shows parent contact info and latest observations teachers have been making about a student.

An Edsby Panorama view gives 360° insight into an individual student's grades, attendance, club and team involvement and much more. Students that might benefit from extra care can be grouped together for special educator attention. Edsby monitor groups and other features enable a variety of managed care options.

Family communication

FAMILIES SEE WHAT'S HAPPENING IN ALL THEIR CHILDREN'S ACTIVITIES AT SCHOOL FROM A SINGLE, SECURE APP

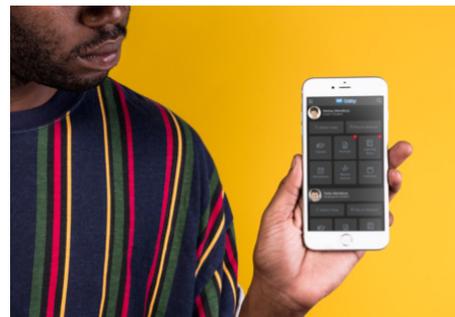


Parents receive their own Edsby logins and can see what teachers allow them to see.

Edsby enables educators to contact parents or other guardians through same system. No management of parent contact info by individual teachers is required. Edsby obtains parent information from the school or district's official systems and keeps it updated as parents' info changes.

Edsby lets families see what's happening in all their kids' classes at school from a single, secure app that teachers don't have to set up themselves.

Edsby shows parents what each of their children is doing and how they're doing. It shows up-to-the-minute information, including grades, homework due and attendance, and specifics of what's being taught in each class each day.



Edsby can be used on any modern mobile device.

Student benefits

- Better stress regulation
- Improved attention
- Improved academic performance
- More prosocial, trustworthy and liked by peers
- Enhanced tools and strategies for self-regulation
- Increased optimism and happiness

About MindUP

MindUP is a program of The Goldie Hawn Foundation, a not-for-profit organization founded to help children develop the knowledge and tools they need to manage stress, regulate emotions and face the challenges of the 21st century with optimism, resilience and compassion. MindUP has partnered with Edsby to offer its programs worldwide.



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